

Random Acts of Kindness

March 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Donate food to a food pantry.	2 Volunteer at an animal shelter or rescue.
3 Leave surprise notes for strangers.	4 Give out 10 compliments today.	5 Donate food to a food bank or pantry.	6 Donate clothes you don't wear anymore.	7 Pay for someone else's lunch.	8 Shovel snow from a neighbor's driveway.	9 Pick up litter.
10 Set the table without being asked.	11 Buy a drink for the person in line behind you.	12 Leave extra coins in the vending machine.	13 Collect warm clothes and bring them to a homeless shelter.	14 Hold the door open for someone.	15 Donate dog or cat food to a shelter or rescue.	16 Walk an elderly neighbor's dog.
17 Babysit for free.	18 Donate your old toys to a homeless shelter.	19 Bring treats to the nurses at the local hospital.	20 Tell someone how much you love them.	21 Help someone with homework.	22 Help someone load groceries into their car at the market.	23 Volunteer at a food pantry.
24 Send a care package to someone who needs encouragement.	25 Offer a friend a ride home.	26 Pick up litter from the school yard or the park.	27 Hold the door open for someone.	28 Lend your favorite game or book to a friend.	29 Talk to someone new at school. Invite them to play at recess.	30 Volunteer at a homeless shelter.
31 Let someone else pick what to watch on TV.						

